

*“Celebrate what you’ve accomplished, but also raise the bar a little higher each time you succeed.”*  
-Mia Hamm

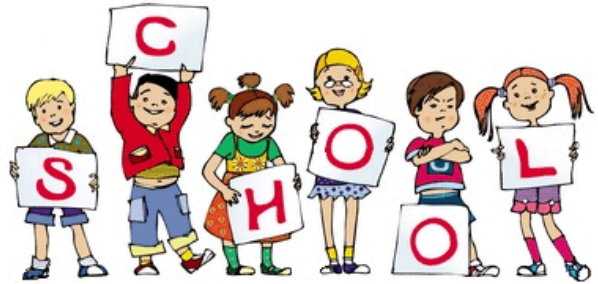
## SOCIAL SKILLS FOR GRADES K-6

September:

### HOW TO SHOW RESPECT

*“Treat others how you would like to be treated.”*

1. With your words.
2. With the tone of your words.
3. With the look on your face.
4. With appropriate body language.



October:

### HOW TO FOLLOW DIRECTIONS

1. Look and listen.
2. Say “OK.”
3. Do it right away.

November:

### HOW TO ACCEPT “NO” FOR AN ANSWER

1. Look at the person.
2. Keep a pleasant face.
3. No arguing, whining, or pouting.
4. If you don’t understand why, ask calmly for a reason.
5. If you disagree, discuss it later.

December:

### HOW TO MAKE A REQUEST

1. Look at the person.
2. Use a pleasant tone of voice.
3. Ask for what you want.
4. Say “Please”.
5. Say “Thank you.”

January:

### HOW TO REPORT PEER BEHAVIOR

1. Decide if the situation is harmful or dangerous.
2. Go to an adult who can help.
3. Calmly tell what you saw, heard, or did.

February:

### HOW TO ACCEPT FEEDBACK OR CRITICISM

1. Look at the person.
2. Say “OK”.
3. No arguing, whining, or pouting.

March:

### HOW TO APOLOGIZE

1. Look at the person.
2. Use a calm body and voice.
3. Say what you are sorry about.
4. Say what you will do differently.

April:

#### HOW TO DISAGREE APPROPRIATELY

1. Look at the person.
2. Use a pleasant voice.
3. Say what you need to say.

May:

#### HOW TO GIVE A COMPLIMENT

1. Look at the person.
2. Smile.
3. Say something nice.

#### HOW TO ACCEPT A COMPLIMENT

1. Look at the person.
2. Smile.
3. Say "Thank you."

*Thank you for your help in establishing consistent social skill guidelines for Sacajawea School. They will provide us with a common vocabulary in communicating expectations to our school community and support our school motto of being encouraging and respectful members of our school. Our monthly social skills are the same for all grades.*

